

SELECTED PSALMS PHASE 1
LESSON 4 PSALM 4
ANSWERS FOR REVIEW QUESTIONS

1. **Answer:**

- (a) A lament is defined as: to feel loss, sorrow or regret often expressed in a physical way. A lament psalm expresses deep sorrow, grief or regret.
- (b) Psalm 3 is a lament to God. The basic structure of the psalm is lament; it consists of a fervent call on God (Psa. 3:1). It is a description of the believer's trouble, suffering or injustice (Psa. 3:1-2), and an affirmation of trust in God (Vv. 3-6), a plea for help (v. 7), and an expression of praise or thanksgiving (v. 8).

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2. **Answer:**

- (a) cast (b) confidence (c) divine (d) mercy (e) grace (f) reality (g) unfolding (h) despair.

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3. **Answer:**

- (a) His lying down proved his unwavering, unshakable reliance upon God who watches over him continuously (Psa. 121; etc.).
- (b) The fact that David went to sleep demonstrated tranquility and hope that God gave him; irrespective that he was in the midst of inconceivable trouble (**John 14:27**; 16:32-33).

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4. **Answer:**

- (a) Their one objective was to destroy David and his men.
- (b) What the enemy overlooked was the banner over David and his small group (Ex. 17:15-16).

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5. **Answer:**

- (a) preacher (b) Solomon (c) doctrinal (d) practical (e) devotional (f) Wisdom (g) men

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6. **Answer:**

- (a) The title ascribes the psalm to David.
- (b) Brief Definitions:
- (1) *"To the chief Musician"*: means that the psalm was intended for him, or was given to him for, probably to regulate the manner of performing it.
- (2) *"Neginoth"*: a direction for the musical accompaniment of the psalm, that has been interpreted as *"stringed instruments."*

For more information, see Pages 5-6

7. **Answer:**
Item (c) . . . only temporary and meaningless.
8. **Answer:**
The **main subject** of Psalm 4 is the fact that assurance in God will produce tranquility in the midst of troubles and dependence on His protection and care will enable us at night to enjoy a peaceful rest.
For more information, see Page 7.
9. **Answer:**
"Hear me when I call." (Psa. 4:1a): is used in the sense of *"listen to," "hear fervently" or "attend to."*
For more information, see Page 8
10. **Answer:**
"God of my righteousness" means: Thou art the author, the witness, the maintainer, the judge and rewarder of my righteousness; to thee I appeal due to the smear campaign and harsh judgment of men.
For more information, see Pages 8-9.
11. **Answer:**
(a) When he was hard pressed or confined and knew not how to escape, God interposed and had given him room, so that he felt free.
(b) David's experience is common to all; we all know what it is to feel smothered or constricted, even short of breath, when deep in distress.
For more information, see Page 9
12. **Answer:**
The final three outstanding request noted in Jabez's prayer (1 Chron. 4:10) are (1) "that your hand would be with me" (2) "that You would keep me from evil" (3) "that I may not cause pain." (NKJV)
The verse was quoted on Page 9 of our lesson.
13. **Answer:**
"Imprecatory Psalms" . . . invoke judgment, calamity or curses upon one's enemies or those perceived to be enemies of God. Major ones for example: Psa. 69 and 109; other imprecatory psalms are: 5, 6, 11, 12, 35, 37, etc.
For more information, see Pages 11-12
14. **Answer:**
(a) False
(b) Jesus urged His followers to go beyond what was a norm during the Old Testament period; they were to forgo revenge rather than seek retaliation or even strict justice.

Believers are admonished not to seek revenge (Matt. 5:39; Rom. 12:17, 19; 1 Peter 3:9; etc. Page 11-12

15. **Answer:**

"Sons of men" . . . base on the Hebrew usage refers to men of great position. In their decision to revolt showed they were acting foolishly and had given themselves to that which was worthless and deceptive.

For more information, see Pages 12-13

16. **Answer:**

(a) *"Vanity"* (KJV) or *"worthless"* (NKJV): is emptiness, worthless thing, to no purpose, delusion.

(b) *"Leasing"* (KJV) or *"falsehood"* (NKJV): Leasing is a masculine noun meaning a lie, deception, a falsehood, lying, liar.

For more information, see Pages 13-14.

17. **Answer:**

(a) **They debased themselves** . . . these noble men's actions were irrational and unbecoming who they were.

(b) **They dishonor themselves** . . . they purposefully dishonor David and as a result dishonor God who exalted David to the throne.

(c) **They deprived themselves** . . . they gave themselves over to worthlessness and falsehood by which they themselves were deceived and ruined. Page 14

18. **Answer:**

The ungodly have a disaster waiting for them but the godly have a great reward **in the LORD**. David had no doubt but was fully assured that **"the LORD will hear when I call to Him."**

For more information, see Page 15

19. **Answer:**

(a) False

(b) Specific rules have been given for the offering of sacrifices, but more important to God than ceremony was the offer's attitude of submission and obedience (1 Sam. 15:22-23).

For more information, see Page 16.

20. **Answer:**

(a) Wash (b) make (c) clean (d) away (e) evil (f) doings (g) Cease

Reference: Isa. 1:16 Amplified Bible

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21. **Answer:**

Item (c) . . . is our best and safest guide

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22. **Answer:**

- (a)
- “To what purpose is the multitude of your sacrifice unto me?” (Isa. 1:11 NKJV).**

God through Isaiah condemns the people for participating in evil deeds and injustices (note Vv. 16-17), while continuing to bring sacrifices to God and to pray to and worship Him.

- (b)
- “Iniquity and the sacred meeting” (Isa. 1:13 NKJV).**
- This is a reference to iniquitous assemblies. As far as God is concerned, their religious meetings are actual sinful because they are attempting to substitute formal religion for godly lives (2 Tim. 3:1-5).

For more information, see Pages 19-20.

23. **Answer:**

- (a) True

- (b) There were those among David’s faithful supporters who became negative and despairing.

For more information, see Pages 20-21

24. **Answer:**

First, inward joy that comes from knowing and trusting God and **second, happiness** that comes as a result of pleasant circumstances.

Inward joy defeats discouragement, happiness covers it up. **Inward joy** is lasting; happiness is temporary.

For more information, see Pages 22-23

25. **Answer:**

- (a)
- Sweet Rest/Peaceful Rest

“I will both lie down in peace and sleep” (Psa. 4:8a NKJV)

David could sleep well at night, even in distressing times even when surrounded by the ungodly. He slept well because his safety was from the LORD, not from circumstances or feelings.

- (b)
- Sovereign Security, He is Safe and Sound

*“For **You alone**, O LORD, make me dwell in safety (Psa. 4:6b)*

Note the word **only** (alone NKJV) which means that God alone was his keeper and that although not relying on man’s help nor his own military capability, he was even then in good keeping, for through the night he was alone with God!

For more information, see Pages 24-25.